



#### **Course description**

Start and finish at the Park Lodge on Grassy Lake Rd at Meeman-Shelby Forest, Millington (Memphis). Starting south to a turnaround on the Poplar Tree Lake levee (mile 1). Going back past the starting line (mile 2) to left turn onto the bike trail. At 2.8 miles the course goes very steeply down 100 feet via switch back to the flood plain. After 0.5 mile it goes up to connect with Piersol Rd (mile 4) to a second turnaround at the first picnic shelter by Piersol Lake (mile 5). Same way back to the finish. Considered an interesting and relatively fast course.

